

**CLASSIC newsletter – April 2020**

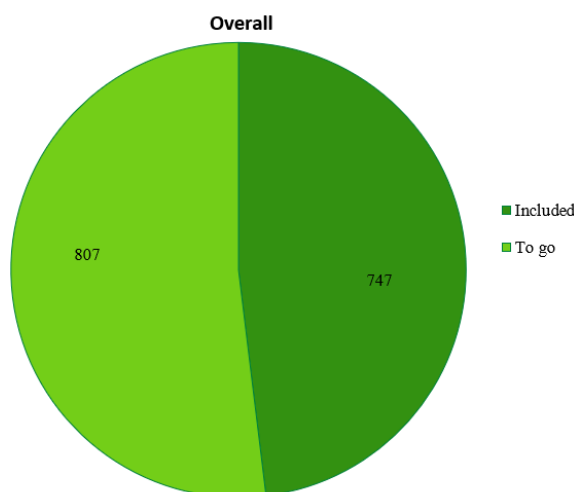
Dear friends,

Thank you very much for your support and dedication in these challenging times

**Status**

Since trial start **747 patients** have been randomised by **24 sites in 7 countries**.

When 777 patients have completed 90 days follow-up, the 3<sup>rd</sup> and final planned interim analysis will be conducted by the Data Monitoring and Safety Committee. We will announce when we reach 777 patients to ensure complete data by day 90. We're nearly halfway!

**Top recruiters, March 2020**

Monthly top-recruiter outside Sponsors site was **Køge** (Denmark). Congratulations!

**1-year follow-up**

A reminder to obtain 1-year follow-up data for all patients randomised at your site.

EQ-5D-5L and MoCA mini are important secondary outcomes in CLASSIC.

Don't hesitate to contact us if you have trouble obtaining follow-up data, we're happy to help!

**Contact**

You can reach us at [classic@cric.nu](mailto:classic@cric.nu) or +45 3545 0606 (available 24/7).

## Important information

### COVID-19

Patients with COVID-19 can be included in CLASSIC if they develop septic shock. Current data suggest that about 20-35% of ICU patients with Covid-19 may develop shock. <sup>1-5</sup> When clinical workload allows for it, we hope you will consider including these patients to increase knowledge of fluid therapy in this subgroup.

### Consent during COVID-19

As most ICUs have restricted visitation policies, collection of informed consent from relatives will, in Denmark, be collected in the following way (we suggest that international sites use similar methods):

- initial timely contact by phone with oral information
- written information and consent form are sent by e-mail or post
- in case of consent, relatives return consent form by e-mail or post

### Tips to minimize protocol violations in CLASSIC

- Are fluids indicated?
- Can sedation be minimized?
- Can other vasodilators be minimized?
- Reduce epidural?
- Lower respiratory pressures?
- Can the fluid be given orally instead?
- ... Call the hotline! (+45 3545 0606)

1. Alhazzani et al., Intensive Care Med 2020, 2. FeiZhou et al., Lancet 2020, 3. Huang et al., Lancet 2020, 4. Guan et al., NEJM 2020, 5. Wang et al., JAMA 2020

Until next time,  
Morten, Maj-Brit, Peter, Anders & Tine

