



## Stress Ulcer Prophylaxis in the Intensive Care Unit

### Information for clinicians

Your department enrolls patients in  
the SUP-ICU trial

**The SUP-ICU trial compares pantoprazole and placebo as stress ulcer prophylaxis for critically ill patients**

**The SUP-ICU trial enrolls 3350 patients at intensive care units in Europe**

**The SUP-ICU trial is supported by governmental funding**

**The SUP-ICU trial is approved by all relevant authorities**

**Queries? Please contact:**

[contact@sup-icu.com](mailto:contact@sup-icu.com)

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## Clinicians' role in SUP-ICU

### Screening

When a patient is admitted to the ICU please screen the patient for inclusion in the trial (see pocket card). If the patient fulfils the inclusion criteria please screen the patient at [www.sup-icu.com](http://www.sup-icu.com). Even though one or more exclusion criteria are met we kindly ask you to complete the screening procedure.

### Randomisation

**Remember to obtain consent according to national regulations before randomisation (if required).**

Complete the screening procedure. If the patient fulfils the inclusion criteria and no exclusion criteria are met, you will get the opportunity to randomise the patient. Click 'Perform randomisation'. A window with the allocated vial identifier number will appear.



**Print or write down the vial identifier number.** If you lose the number you can find it in the bottom of the screening form or in an email sent to your email address used for registration.

Prescribe the medication in the patient's medication chart/ICU chart as 'SUP-ICU trial medication' intravenously once daily' (if possible).

### During the ICU stay

The trial medication is prescribed once daily as long as the patient is admitted to the ICU (maximum 90 days). If the patient is discharged and readmitted to the ICU, please continue the prescription. Aside from trial medication patient management will be otherwise unaffected.

## Information about SUP-ICU

### Background

Critically ill patients are at risk of developing gastrointestinal bleeding and stress ulcer prophylaxis (SUP) is recommended. However, the evidence supporting prevention of stress related gastrointestinal bleeding is lacking. Furthermore, research has indicated that SUP may increase the risk of pneumonia, clostridium difficile infection and cardiovascular complications. The aim of the SUP-ICU trial is to assess benefits and harms of SUP with pantoprazole for adult critically ill patients in the ICU and hereby improve the evidence for the use of SUP.

### Methods

In total 3350 patients in ICUs in Europe will be randomised to receive

#### either

- Pantoprazole 40 mg (added 10 ml of sodium chloride 0.9%)

#### or

- Placebo (sterile air filled vial added 10 ml sodium chloride 0.9%)

Aside from trial medication patient management will be otherwise unaffected

### Results

At the end of the trial we will calculate 90 day mortality and the incidence of gastrointestinal bleeding, pneumonia, clostridium difficile infection and cardiovascular complications in the two groups.

### Funding

The trial has a budget at 17 million Danish kroner (2.3 mil Euro) and is funded by governmental funding (Innovation Fund Denmark)

**The full protocol is available at**  
[www.sup-icu.com](http://www.sup-icu.com)

## Manuals

The trial manuals and other relevant documents are available at [www.sup-icu.com](http://www.sup-icu.com) (Trial documents)

## Queries?

If you have any queries do not hesitate to contact coordinating investigator Mette Krag. See contact information at the back of this leaflet.

**Do you need help?**  
**Call the SUP-ICU Hotline**  
**+45 3545 7450**  
**Available 24/7**  
**OR**  
**contact@sup-icu.com**