

CLASSIC newsletter

Dear friends – thanks for supporting the trial!

Status

Since trial start **439 patients** have been randomised by 20 sites in 6 countries. Mean recruitment per week has increased to 9 patients.

Since the last newsletter ICUs in Pilsen (Czech Republic), Brussels (Belgium), and Milan (Italy) have joined the trial – a warm welcome!

Future active sites



ICU Vall d'Hebron in Barcelona (Spain) will join the trial this year



ICUs Helsinki, Tampere, Kuopio and Lappeenranta (Finland) will also join soon



ICU Basel (Switzerland) will join in December



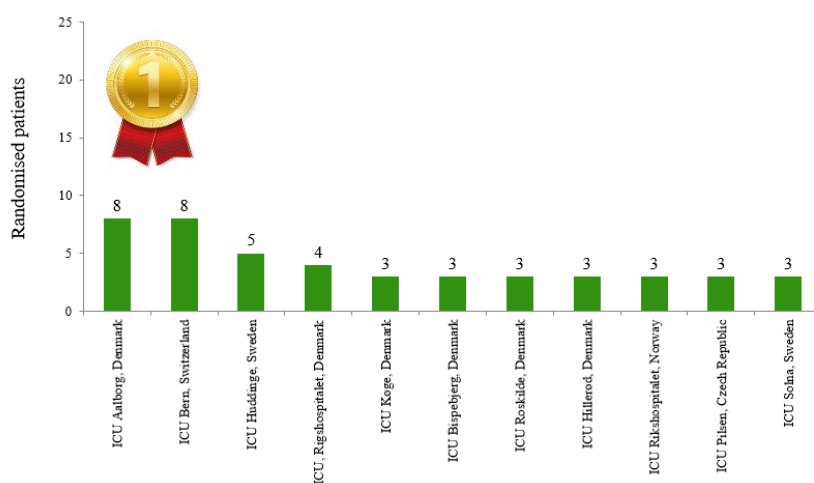
New ICUs in Sweden are expected to join early 2020

Top recruiters

Apart from ICU Rigshospitalet (who got off to an early start), **ICU Køge** (Denmark) is overall top-recruiter in CLASSIC. They have been undefeated for several weeks!

Monthly top-recruiter in October 2019 was **ICU Aalborg** (Denmark) and ICU **Bern** (Switzerland). Congratulations!

Top recruiters
October 2019



Important information

Interim analyses

The first interim analysis (155 patients) was conducted in July 2019. There was separation in IV fluid volumes between the groups, and the Data Monitoring and Safety Committee recommended to continue the trial.

The second interim analysis (466 patients) will soon be conducted. **When we have reached 466 randomised patients you will be notified by e-mail and asked to keep timely data-entry 30 days from that date**, as we will need all dayforms entered for the interim analysis.

1-year follow-up

Each ICU in CLASSIC is obligated to obtain 1-year follow-up data for all patients included at that site. Every ICU must certify one investigator, who is blinded to treatment allocation, to perform the 1-year follow-up. Certification is available online at www.mocatest.org (time: 1 hour) and is paid for by CLASSIC. More information will be sent to all Danish sites during November 2019 (information to international sites will follow).

The protocol for the CLASSIC 1-year follow-up study is currently in review.

Meet the CLASSIC investigators

Humanitas Research Hospital is the coordinating centre for CLASSIC in Italy and the first Italian centre to begin recruitment. The 15-bed ICU admits patients from the emergency department, internal wards, and from the Lombardy region, being a referral centre for Trauma, ECLS -ECMO and traumatic brain injury. Maurizio Cecconi, Head of Department, is the national coordinator for CLASSIC, and leads a young and active recruiting team coordinated by Massimiliano Greco. Beside the flagship academic hospital in Milan, the Humanitas network joined CLASSIC with 2 other centres: Humanitas Gavazzeni in Bergamo, and Humanitas Mater Domini in Castellanza.



Humanitas Research Hospital

Maurizio Cecconi explains: *“CLASSIC was welcomed by all our staff, including nurses, residents and intensivists. Having a strong focus in our ICU on hemodynamics in sepsis and in clinical research to improve the care of patients, we enjoy participating in a study based on strong clinical outcomes and providing a targeted resuscitation and hydration strategy in septic shock patients”*



Left: Maurizio Cecconi, MD FRCA FFICM MD(Res), right: Massimiliano Greco, MD MSc

CLASSIC group

Welcome to Thomas Steen Jensen, who is a medical student doing research at Rigshospitalet (Denmark). You will talk to Thomas on the CLASSIC hotline.



CLASSIC hotline

You can reach us at classic@cric.nu or +45 3545 0606 (available 24/7). If no one answers the phone, please leave a message with your phone number (as you are likely calling from a hidden number) and we will call you back ASAP.

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